

Around June, in a good year, some of the arable fields south of the South Downs Way may show good swathes of poppies (point 4). High Park Wood (points 6 and 7) is a woodland of mixed species, including beech, sycamore, ash, field maple, cherry, whitebeam and hazel, with a wide range of ages, from young ash saplings to ancient pollarded beeches. Parts are old hazel coppice – a reminder of the days when hazel poles were needed to make sheep hurdles for the enormous flocks of sheep that once grazed the adjacent downland. The large fallen and decaying trees probably date from the great storm of 1987 and some of the plantations may also date from then.

This leaflet is one of 16 produced by the Plumpton Village Action Plan Footpaths Team. Copies can be downloaded free from www.plumptonvap.co.uk

Plumpton parish includes the villages of Plumpton and Plumpton Green. The parish lies at the foot of the South Downs, near Brighton and Lewes, in East Sussex. The southern part of the parish is within the South Downs National Park.

Public transport

Plumpton is served by two bus services (166 and 824, Monday to Saturday) and a frequent train service (London Victoria to Eastbourne, Hastings and Ore, daily including Sundays). There is also a daily train service from Brighton via Lewes.

For information about bus times telephone **0844 477 1623** or visit **www.countryliner-coaches.co.uk** For train times telephone **0845 127 2920** or visit **www.southernrailway.com**

Pubs and shop

Plumpton has four pubs: the Half Moon at the south end of the village, beneath the Downs; the Winning Post and Fountain Inn, both in the centre of the village, and the Plough, at the north end of the village. There is also a pub, the Jolly Sportsman, in East Chiltington. The Plumpton village shop is open daily and has a delicatessen.

Please follow the Countryside Code

- Be safe, plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people









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