

PLUMPTON PLASTICS CHALLENGE

PLEDGERS

PLUMPTON CHALLENGE HEROS

PEOPLE WHO HAVE MADE 5 PLEDGES TO CHANGE THEIR USE OF SINGLE-USE PLASTIC

Surname	Christian Name	Pledge 1	Pledge 2	Pledge 3	Pledge 4	Pledge 5
Akers	Robin	Use local soaps	Stop using cling film	Use bamboo toothbrushes	Re-useable water bottles	Use re-useable coffee cups
Ayres	Judith	Buy large refill and reuse the small bottle we have already	Remove caps from bottles so they can both re recycled	Stop using clingfilm and other plastic wraps	Use old cotton clothing to make covers for bowls etc	Use old tea-towels to make veg bags for shopping
Banks	Rob	Bamboo toothbrushes	Drinking water bottle	Repair clothes	Ask for visit to MRF	Find out more about where recycling goes
Brown	Judy	Re-useable shopping bag	Re-useable water bottle	Lunch in re-useable containers	Store leftovers	Say no to disposeable straws and cutlery
Crouch	Suzanne	Soap instead of gels	Foil instead of clingfilm	Use more local farm shops	Re-use refillable water bottles	Recycle as much as possible
Drewett	Val	Use veggie bags for shopping	Use reusable coffee cup when travelling etc	Try not to use clingfilm	Always use my stainless steel water-bottle	Spread the word and give veggio bags to my grown-up children for their shopping
Elliott	Mary	Don't buy clingfilm	Use soap not shower gel	Change to bamboo toothbrush	Re-useable non-plastic bag for vegetables	Use food reuseable wrap not plastic bags
Fahey	Kim	Stop using clingfilm	Re-use ziploc plastic bags	Take containers to Sainsburys	Switch to eco-washing up liquid	Refill bottle where possible
Gilbert	Beverley	Leave '4' or higher coded plastics containers at check-out at supermarket	Buy no more clingfilm	Repair clothes	Don't put vegetables/fruit in a plastic bag at supermarket	Stop buying liquid soap
Hughes	Linda	Stop using clingfilm; use tin-foil wash and re-use	Eco-cloths - wash and reuse not wipes	Avoid black plastic pots at garden centre	Buy food in tins, not plastic eg soups, beans etc	Try to buy drinks in glass bottles not plastic eg juice, sauces, dressings
Kilby	Cindy	Refuse plastic bags in supermarket	Buy a guppy bag	Try to buy clothes of natural materials	Use alternatives to clingfilm	Lower central heating thermostat
King	Vicky	Use solid soap	Swap to washable nappies	Collect recyclable rubbish from street	Take drink bottle out when I go shopping	Refill household cleaner spray bottles using a small concentrate eg Zoflora
Meredith-Jones	Ella	Recycle single-use plastic	Pick up litter	Reduce amount eg unneeded	Use bamboo toothbrush	Buy loose vegetables
Meredith-Jones	Liz	Water bottles	Online/no bags	Lunch boxes/no clingfilm/foil	Bamboo washing-up brushes	Eco washing products
Nicholson	Carole	Use a re-useable water bottle	Buy vegetables in a reuseable bag	Wash fleeces/micro-cloths in a guppy bag	Take own boxes to farm shop when buying meat	Grow more of our own fruit & vegetables

Olsson	Eva	Always reuseable shopping bags	Beeswax instead of clingfilm	Use bamboo toothbrushes	Use a reusable drink bottle	Re-useable coffee cups
Owens	Alyson	Milk delivery	Beeswrap	Guppy bag	But loose fruit & vegetables	Drinks bottle
Platt	Liz	Only buy loose food & vegetables	Buy shampoo & conditioner bars & soaps & more eco-products	Use covermate over a plate of food	Go on a beachclean	Take containers to Sainsburys
Sansom	Sharon	Re-useable water bottle	Lunch boxes	Guppy bag	Buy loose vegetables	Don't use clingfilm
Segal	Mark	Never buy water in bottles	Buy loose fruit & vegetables where possible	Switch from clingfilm	Use refillable washing liquid/up etc	Lobby for plastic bottle deposit scheme
Stevens	Lee	Use a re-useable water bottle	Buy vegetables in a reuseable bag	Only use metal knives & forks	Use an Old Mill House tote bag	Organise talk at WI
Tennant	Gillian	Recycle plastic plant pots at garden centre	Eliminate cling film	Re-use freezer bags	Use veggie bag at supermarket	Take box to supermarket for fish
Turner	Alison	Use soap bars not liquid soaps	Re-use plastic pots for cuttings	Repair and remake cloths	Recycle old cloths for dusting and washing up	Stop using clingfilm; buy milk in glass bottles; buy loose vegetavbles and meat
Walton	Sue	Stop using clingfilm	Use eco washing products	But a guppy bag	Try bamboo toothbrush	Buy loose vegetables
Whittington	Adrian	Trial Charlotte's Kitchen	Stop using clingfilm	Pick up plastic	Buy glass containers	Reduce buying things wrapped in plastic
Williams	Claire	Use a reuseable bottle/coffee cup	Shop for second-hand clothes eg ebay	Soap nuts - they work!	Keep jars - so many uses	Stop buying new - rethink gifts

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Beaumont	Nick	Not use refuse sacks
Brunt	Mark	Don't buy water in bottles
Brunt	Gill	Cut out use of clingfilm
Eagle	Jean	Will use national Trust bottle not plastic
Gilbert	Beverley	No clingfilm
Gold	Kate	Get milk delivered
Hall	Denise	Take bag for vegetables to supermrket
Hildyard	Jane	Use re-useable covers not clingfilm
Homer	Irene	Don't use clingfilm

PEOPLE WHO HAVE MADE 1 OR MORE PLEDGES TO CHANGE THEIR USE OF SINGLE-USE PLASTIC

Not use plastic kitchen scrubbers	Not use plastic water bottles
Save or reuse plastic bubble-wrap based products	
Stop going to the village shop by car	Change my flower-pots
Buy unwrapped vegetables	
Don't use plastic water bottles	Buy loose vegetables
	Consider using alternative toiletries such as soaps

Hughes	Howard	Share tips with friends	Stop using plastic water bottles		
Midmer	Jeremy	Use foil not clingfilm	Re-use plastic bottles	Recycle	
Murphy	Vicky	Shampoo bars	Soap in paper	Less veg in plastic	Covermate - less clingfilm
		Buy fruit and vegetables not wrapped			
Rowatt	Maggie	Don't use clingfilm	Reapir clothes	Re-useable water bottle	Use more local farm shops
Sinclair	Rosalie	No single-use plastic water bottles	Use Covermates		
		Take my re-useable coffee cup out with me	Use paper shopping bags or my own fabric bags	Stop buying food in non-recyclable packaging	
Skelton	Margaret	Do not use plastic carriers			
Stewart-Brown	Gill				
Wells	Richard				